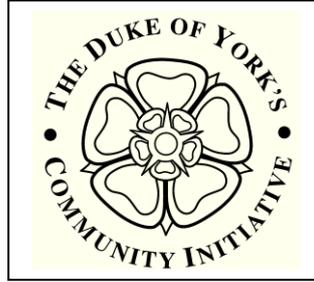


The Community Awareness Programme

Registered Charity Number 1076401



Newsletter

September 2019

2 Market Street
Wakefield
WF1 1DH
01924 381119

capoffice@btinternet.com
www.capcare.org

Opening times
Monday to Friday
10am – 3pm

News from the Centre

- 2 long standing clients going to residential detox in autumn. We wish them well
- In July 2 clients were successful in obtaining full time permanent employment positions
- For 3 months in the Spring we sustained a new record of almost 90 client visits each day. 2019 is our busiest EVER year so far...
- More than once 100+ clients attended for food and clothing in a day, including a record-equalling single day with 112 clients!
- Since October sadly 36 clients have been excluded for drug offences, mostly in the street outside the Centre. In CAP we maintain a zero-tolerance drug policy and as such this strict exclusion must be upheld.

ONE MULTIPLIED

1 x 200 = £200
200 x 12 = £2,400 p.a.

As many of you will know and understand our funding from the lottery finished in November 2018. Since then we have been self-funded, which means that we are totally reliant on our fund raising events and the generosity of you the public.

As an organisation we are launching a new initiative '**ONE MULTIPLIED**.' We are asking that you pledge to donate to us £1 only per month. That's not much you say, not even half a cup of coffee, or a chocolate bar. That's right. I don't think any of us would miss £1 a month but if 200 people sign up to make this pledge then that would mean £2,400 per year. So you see, your £1 will make a difference when multiplied.

Our promise to you is that we will never ask you to increase your donation.

If you would like to join in this exciting venture please fill in the enclosed pledge form and return to the CAP office at 2 Market Street. A very big THANK YOU in anticipation.

This poem is only the second poem Graham has written after attending poetry classes.

God is Great, God is Love
The spiritual connection is understood
God is listening as we speak
He loves the humble and the weak

As we sleep, day and night
He helps us fight with good light.
We step out of darkness into a wonderful brand-new day
As we listen to Jesus and hear what He says,
He answers every prayer we pray

And as we pray through troublesome times
We all have connections with others in mind
So, my dear Lord, as I pray to You, Your rhythm of words
Bring us all together with others, with music and chords.
So, as I pray, my Lord, I sometimes think You don't hear
But when You speak, I give a smile because I know You're always near

Graham Fitton



Dates for your diary

Pre-Loved Clothing Sale

Saturday 9th November

10am to 2pm

Come and grab a bargain

Christmas Family Film Night –

Saturday 30 November.

Doors open at 5pm.

Adults £6 Children 4-12 £4

Face painting, Food, Fun!

Tickets for both from CAP - Market Street.

YORK 10K



One of our Trustees Sheila Hornby Mould and her friend Emma did the York 10k on Sunday 4th August. A very big thank you to them both for this sterling effort. Sheila and Emma have raised in excess of £600. Thankfully the day was not too hot and certainly had no rain.

“Time and Tide Wait for No Man...”



Once more an amazing team of volunteers, supporters, clients, trustees and staff braved the murky waters of Pugneys in July to raise funds for us at the Rotary Club Dragon Boat Challenge. This year, we did NOT come last, and that represented significant progress from last year! Well done to everyone concerned, and a huge thank-you to all those who sponsored our efforts.

We are happy to send you a newsletter 3 times a year. If however you wish to stop receiving it then please contact the office on 01924 381119